



FITNESS THRU WORKOUT (F.T.W) 2017 RULES & REGULATIONS

1. Fitness Thru Workout (F.T.W) (“Event”) is organised by Attic Holdings Sdn Bhd (CITTA Mall) and the Region 6 Leo Clubs of District 308 B2, Malaysia (“Organiser”).
2. The Event will be held at CITTA Mall Drop-off Point, Ground Floor.
3. The Event is open to anyone with no restrictions on age or nationality. Those below the ages of 18 as at 25th November 2017 would require parental or institutional permission where necessary.
4. The objective of the event is to cultivate a healthy lifestyle amongst Malaysians via a series of workouts by professionals.
5. Participation fee is only RM30.00 for 2-day special workout programme planned by Crossfit Pahlawan and Peak Fitness.
6. Each Participant will be given a t-shirt, a certificate of participation and one (1) goodie bag with sponsored goodies.
7. By participating in this event, Participants agree to the following:
 - a. Participants are in good state of health to take part in the Event;
 - b. It is the responsibility of Participants to report of any injury or illness to the Organiser or Judges prior to the event;
 - c. If at any time prior to or during the Event any Participant is ill, injured, or is jeopardising their physical and emotional condition by participating in the Event, he/she may be declared ineligible to compete, or disqualified from competing any further;
 - d. The Organiser reserves the right to withdraw any Participant who appears to have a serious disability, injury, or requires medical attention;
 - e. Participants below the age of 18 must have their parents’ or legal guardians’ consent to take part in the Event;
 - f. All relevant permissions from any institutions have already been obtained (if any);
 - g. The Organiser reserves the right to utilise any photographs, audio, recordings, or any videos taken in the period of during, pre and post event for any legitimate purpose which does not limit to commercial advertising.
 - h. The Organiser reserves the right to unilaterally change, amend, add on, modify or substitute any of the above Rules and Regulations at any time as they deem fit in its sole and absolute discretion without any prior notice or any reasons thereof.
 - i. If the Event is cancelled or postponed due to circumstance beyond the control of the Organiser including but not limited to, inclement weather, an act of God, explosion, acts of a public enemy, war, insurrection, terrorist act or threat of terrorist act, sabotage, epidemic, embargoes or strikes, the Participant shall not be entitled to a refund of the Entry Fee and compensation of any kind.
 - j. Participants who have withdrawn from the event will not be eligible to a refund of any kind.
8. In the highly unlikely event of an accident throughout the Event, the Organiser and all its related agencies will not be held liable.
9. By participating in the Event, participants hereby grant permission for the Organiser to share their contact information with its partners and sponsors for any commercial or non-commercial related purposes.